

# JUNE 2011

## BAD NEWSLETTER

[www.bournemouth.icd-support.org.uk](http://www.bournemouth.icd-support.org.uk)



### BAD GROUP MEETINGS:

**1:30pm - 16:00pm**

**Monday 18<sup>th</sup> July 2011**

**PLEASE NOTE THIS DATE HAS CHANGED FROM THE PREVIOUS NEWSLETTER.**

**Monday 7<sup>th</sup> November 2011**

**THANK YOU TO BOSTON SCIENTIFIC, THE ICD COMPANY, FOR CONTRIBUTING TOWARDS THE BAD MEETING VENUE IN 2011.**

### BAD GROUP SOCIAL EVENTS

**PLEASE NOTE THAT THE WALKS ON JULY 11<sup>TH</sup> AND AUGUST 1<sup>ST</sup> HAVE BEEN CANCELLED.**

**5<sup>th</sup> Sept 2011 10:30 Coffee Morning at Stewarts Nursery.**

*Continued over*

**3<sup>rd</sup> Oct 2011 - 10:30 Coffee Morning at Haskins Nursery.**

**31<sup>st</sup> Oct 2011 - 10:30 Coffee Morning at Stewarts Nursery.**

We hope as many people as possible will come along and join us for the 2011's social events. Anybody wishing to come up with new ideas for things to do, please let us know.

### ARRHYTHMIA NURSING TEAM NEWS

Just a quick update on what's happening within the Arrhythmia Nurse team at the moment. Since the last newsletter went out we have a new member of the team, Paul Coward. Paul joined us in February for a part-time secondment for twelve months and has settled into the team extremely well. The rest of his working hours are taken up in the Coronary Care Unit where he has been a Staff Nurse for a few years. Some of you may have come across Paul already but if not you may well meet him or speak with him at some point soon. Our colleague Peter is certainly enjoying having another male member of the team instead of being so outnumbered by all of his female colleagues!

An audit looking at the Arrhythmia service in general has just been completed by way of a survey carried out over a three month period. The anonymous questionnaire was given to all patients coming in for a procedure and looked at their experience

throughout the whole process from first meeting the Arrhythmia team (both Doctor's and Nurses) in out-patients through to discharge after their procedure. I am very pleased to report that the findings were extremely favourable and the response rate was very high so thank you very much to all of you who took the time to complete the questionnaire. Well done to all of the team who strive to deliver a very high standard of care. We may not always get it right but certainly try our best to do so. There was little in the way of negative feedback but we have begun to analyse all of the comments and where there may be room for improvement, we shall be focusing on those areas over coming months.

### NEW VENUE!

After much discussion within the BAD Group and planning by the committee, the time has arrived to trial our new meeting venues. This is due to a general feeling within the group that the Village was a premium price yet at times the service did not reflect good value for money. Also we currently do not receive funding for the total price of the meetings, as we have done in the past, so alternative options are now to be trialed.

We shall be hosting the July meeting at the Iford Golf Centre followed by the November meeting at the Boscombe Indoor Bowling Club at Kings Park. After having both of these meetings we will then be asking the group for feedback regarding the venues for the committee members to then discuss

and make a decision as to where the BAD Group should meet in 2012. Please ensure you have your say to assist the committee in reaching the best decision and look out for further venue news in later editions of the newsletter.

## **AIRPORT SECURITY**

A common concern for those with an ICD seems to be whether it is safe to go through the security systems at the airport. We have also had stories from our group members of airport personnel insisting that they go through the x-ray arch or being searched by the hand-held wand, despite them being aware of the presence of the ICD. This has often caused a lot of upset and worry therefore we shall be focusing on this issue at the July 18<sup>th</sup> meeting.

There has inevitably been an overall heightened approach to airport security in recent times and this has led to the development of new technologies for the security personnel such as the new body scanners now in use at certain airports.

I am currently in the process of updating our information and advice regarding airport security, and at the time of writing have not yet received all of the answers to my queries by the ICD companies and from airport personnel. However during the meeting I shall be presenting all of the latest information from all three device companies and hopefully be providing some reassurance for all you BAD travelers.

For the time being the advice in a nutshell is to show your ICD identification card to the airport personnel who will often ask you to step around

the x-ray arch and hand search you. This may involve using the hand-held wand which should not be held over the ICD site but may be glanced quickly over it. If you are forced to walk through the x-ray arch, please do not worry! As long as you walk through the arch at a normal pace and do NOT linger underneath it, then you will be safe. As soon as you walk away from the x-ray arch or the hand-held wand then your ICD will return to full working function and will not be affected. So you should happily get on your flight and not spend the rest of your holiday worrying if the ICD has been affected. As yet I do not have the current advice from the device companies regarding the body scanners therefore it may well be best to try and avoid these if possible. I shall provide a further update in the next newsletter for those of you who will not be attending the meeting.

## **JOHN PESKETT 1930 -- 2011**

*Mike Ebdon writes:*

John was a good friend to the B.A.D. group and acted as our Newsletter editor for a period of time until unfortunately he was forced to resign due to ill health and a hip replacement operation.

John was 81 years old and had been very active all his life. He served his country as a Royal Marine and was captured and imprisoned for 2 years whilst fighting in the Korean war. He was also a policeman for many years and was a great servant to the Bournemouth Sea Cadets all his adult life.

I was in attendance at his funeral on April 28th at Bournemouth Crematorium and was witness to a most wonderful send off with Guards of

Honour formed by the Royal Marines, the Bournemouth Sea Cadets and the Royal British Legion. The chapel was packed with family, friends and comrades saying their last farewells to a wonderful man. The marines also had 2 buglers in attendance to play the last post.

Thank you John for being a friend to all of us.  
***God Bless you.***

## **FOOD FOR THOUGHT**

*by Ken Hadley*

WHY IS IT THAT DOCTORS CALL WHAT THEY DO 'PRACTICE'?

WHY IS LEMON JUICE MADE WITH ARTIFICIAL FLAVOUR, AND DISH WASHING LIQUID MADE WITH REAL LEMONS?

WHY IS A MAN WHO INVESTS ALL YOUR MONEY CALLED A BROKER?

WHY IS THE TIME OF DAY WITH THE SLOWEST TRAFFIC CALLED RUSH HOUR?

[Do you have a tale to tell or any suggestion for topics that you would like to see covered in future issues of the newsletter?](#)

[Please let us know by contacting the Arrhythmia Nurse Specialists on:-](#)

Tel: (01202) 726154  
Email: [arrhythmia.nurses@rbch.nhs.uk](mailto:arrhythmia.nurses@rbch.nhs.uk)

**Best wishes to you all and we look forward to seeing as many of you as possible on July 18th at the new venue.**

**Sarah.**  
**On behalf of the Arrhythmia Nursing Team**